

CRIMINAL JUSTICE-STUDIES

Associate in Applied Science (AAS)

Program Code: 10-504-5

Total Credits: 61

The Criminal Justice-Studies program offers students multiple career paths in the criminal justice field. Students can choose to enter law enforcement or corrections right after graduation or transfer to a university for a bachelor's degree. The program aims to facilitate employment, keep students updated on industry advancements, and promote further education. Mid-State's experienced instructors prioritize professionalism, integrity, and high ethical standards. The program includes the opportunity to enroll in the separate Wisconsin Department of Justice's 720-hour law enforcement academy or the 200-hour jail academy, allowing students to become certified law enforcement or correctional officers in four semesters. Graduates can also apply their skills in civilian criminal justice roles, such as record maintenance or communications center operations.

To learn more about this program, visit mstc.edu/programs.

ACADEMIC ADVISOR

To schedule an appointment with an academic advisor, call 715-422-5300. Academic advisors will travel to other campuses as necessary to accommodate student needs. For more information about advising, visit mstc.edu/advising.

NEW STUDENT CHECKLIST

Complete the following steps to prepare for your New Student Advising appointment with your academic advisor:

- Submit a Mid-State application at mstc.edu/apply.
- Send official transcripts to:
Mid-State Technical College
Student Services
500 32nd Street North
Wisconsin Rapids, WI 54494
- Complete the Free Application for Federal Student Aid (FAFSA) at fafsa.gov. Mid-State's Financial Aid team is available to assist with your FAFSA application and to answer your financial aid questions. Contact Financial Aid or schedule an appointment at mstc.edu/financial-aid.
- Set up student MyCampus account at mstc.edu/mycampus-assistance.
- Schedule a New Student Advising appointment at mstc.edu/advising.

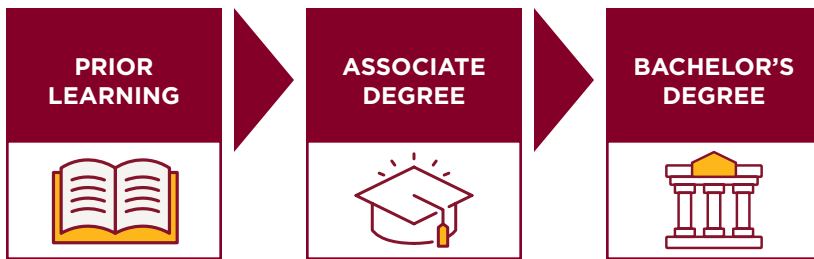
mstc.edu • 888-575-6782 • TTY: 711



Adams Campus • Marshfield Campus • Stevens Point Downtown Campus • Wisconsin Rapids Campus • Virtual Campus • AMETA® Center

Mid-State does not discriminate on the basis of race, color, national origin, sex, disability, or age in its program, activity, or employment. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Vice President - Human Resources; 500 32nd Street North, Wisconsin Rapids, WI 54494; 715-422-5325 • AAEO@mstc.edu. 3/2026-AC

CAREER PATHWAY



Career pathways help you build your education step by step. Each stage offers one or more credentials that are recognized by employers and lead to real jobs—and you can keep building toward your career goals as you go.

Begin at any point.

Prior Learning

Credit for Prior Learning

- Certifications and Licenses
- Military Experience
- National/Standardized Exams
- Transfer Credit
- Work and Life Experience

Learn about Credit for Prior Learning at mstc.edu/cpl.

High School Credit

- High School Dual Credit
- Mid-State Fast Track

Learn about High School Credit at mstc.edu/dc.

Associate Degree

- Criminal Justice-Studies (61 Credits)
Start Your Career: Deputy Sheriff, Police Officer, Private Security, State Trooper

Bachelor's Degree

For those interested in continuing their education, Mid-State offers transfer guides with various four-year colleges and universities. For more information, visit mstc.edu/transfer.

Other Options

Related Programs: Advanced Emergency Medical Technician, Criminal Justice-Corrections & Community Advocacy, Criminal Justice-Law Enforcement 720 Academy, Emergency Medical Technician, Emergency Services Management, Fire Service Certification, Jail Officer Academy, Paramedic, Paramedic Technician

OUTCOMES

Employers will expect you, as a Criminal Justice-Studies graduate, to be able to:

- Examine the components of and interrelationships in the criminal justice system.
- Analyze situational responses.
- Apply communication skills as a criminal justice professional.
- Conduct investigations.
- Adhere to the professional code of ethics for a criminal justice practitioner.
- Maintain personal wellness.

TECHNICAL SKILLS ATTAINMENT

The Wisconsin Technical College System (WTCS) has implemented a requirement that all technical colleges measure outcomes attained by students. This requirement is called Technical Skills Attainment (TSA). The main objective of TSA is to ensure graduates have the technical skills needed by employers. Faculty will let students know when and how the TSA is being assessed in the program.

Upon earning 40 college credits, you may be eligible to enter the Criminal Justice-Law Enforcement 720 Academy (30-504-2). Successful completion of the Criminal Justice-Law Enforcement 720 Academy provides the education and hands-on training required by the Wisconsin Law Enforcement Standards Board to become certifiable as a law enforcement officer. Entrance and exit physical fitness readiness standards as established by the Wisconsin Department of Justice must be met in order to participate in and complete the Criminal Justice-Law Enforcement 720 Academy.

Anyone with a felony conviction or a domestic abuse conviction cannot become a law enforcement officer without a governor's pardon. Numerous moving traffic violations or a lengthy criminal history or mental illness that prevents the applicant from performing essential job functions may hinder opportunities for employment.

TECHNICAL STANDARDS

A list of specific physical, emotional, and mental tasks needed to function as a law enforcement officer is available at mstc.edu/programs/criminal-justice-studies. Contact the Accessibility Services Coordinator in the Student Services & Information Center to receive assistance.

PROGRAM PROGRESSION

In order to successfully complete the program, students must:

- Receive a grade of "C" or better in all courses required for graduation. Please note that the ability to repeat courses is dependent upon availability of courses.

STUDENT HANDBOOK

Visit mstc.edu/studenthandbook to view Mid-State's student handbook, which contains information about admissions, enrollment, appeals processes, services for people with disabilities, financial aid, graduation, privacy, Mid-State's Student Code of Conduct, and technology.

GRADUATION REQUIREMENT

The GPS for Student Success course is required for all Mid-State program students and is recommended to be completed before obtaining 12 credits. Some students are exempt from this requirement. Please see your academic advisor for more information.

ADDITIONAL COURSES AS NEEDED

The following courses may be recommended or required if the student does not achieve minimum placement scores.

College Reading and Writing 1

10831104

3 credits

Provides learners with opportunities to develop and expand reading and writing skills to prepare for college-level academic work. Students will employ critical reading strategies to improve comprehension, analysis, and retention of texts. Students will apply the writing process to produce well-developed, coherent, and unified written work.

Pre-Algebra

10834109

3 credits

Provides an introduction to algebra. Includes operations on real numbers, solving linear equations, percent and proportion, and an introduction to polynomials and statistics. Prepares students for elementary algebra and subsequent algebra-related courses.

MULTIPLE MEASURES

Students can place into courses using high school GPA and completed classes. Placement can be determined in the following ways:

- **Multiple Measures Writing (MMW)**
High school GPA of 2.6 & successful completion of 2.0 credits of high school writing courses with a "C" or better
- **Multiple Measures Reading (MMR)**
High school GPA of 2.6 & successful completion of 2.0 credits of high school literature courses with a "C" or better
- **Multiple Measures Math 1 (MMM_1)**
High school GPA of 2.6 & successful completion of 1.0 credit of high school math (Algebra 1 or equivalent) with a "C" or better
- **Multiple Measures Math 2 (MMM_2)**
High school GPA of 2.6 & successful completion of 2.0 credits of high school math including Algebra 1 and Algebra 2 with a "C" or better
- **Multiple Measures Science 1 (MMS_1)**
High school GPA of 2.6 & successful completion of 1.0 credit of high school lab science course with a "C" or better
- **Multiple Measures Science 2 (MMS_2)**
High school GPA of 2.6 & successful completion of 1.0 credit of high school chemistry with a "C" or better

Past high school and college transcripts are used in making course placement decisions.

SAMPLE FULL-TIME CURRICULUM OPTION

Criminal Justice-Studies • 61 Total Credits

| Term | Course Number | Course Name | CPL | Credits |
|------------|----------------------|--|-----------|---------|
| 16 Credits | 10504114 | Introduction to Law Enforcement | Yes | 3 |
| | 10504125 | Patrol Procedures | No | 3 |
| | 10504164 | Criminal Law for LE | No | 3 |
| | 10801136 | English Composition 1 | Yes | 3 |
| | 10804107 or 10804189 | College Mathematics or Introductory Statistics | Yes | 3 |
| | 10890102 | GPS for Student Success | Yes | 1 |
| 15 Credits | 10504140 | Report Writing for Protective Services | Yes | 3 |
| | 10504144 | Wellness in Public Safety | No | 3 |
| | 10504163 | Constitutional Law for LE | No | 3 |
| | 10801198 or 10801196 | Speech or Oral/Interpersonal Communication | Yes | 3 |
| | 10809198 or 10809188 | Introduction to Psychology or Developmental Psychology | Yes | 3 |
| 15 Credits | 10504103 | Fitness for Law Enforcement | Yes | 1 |
| | 10504112 | Court Procedures | No | 3 |
| | 10504123 | Criminal Investigation | No | 3 |
| | 10504195 or 10504196 | Criminal Justice Internship or Criminal Justice Applications | No or Yes | 2 |
| | 10809122 or 10809196 | Introduction to American Government or Introduction to Sociology | Yes | 3 |
| | 10809172 | Introduction to Diversity Studies | Yes | 3 |
| 15 Credits | 10504115 or 10504185 | Contemporary Issues in Law Enforcement or Basic Jail Academy 2 | No or Yes | 3 |
| | 10504129 | Community Policing | No | 3 |
| | 10504134 | Intro to LE Organizations and Leadership | No | 3 |
| | 10504143 | Criminology | No | 3 |
| | 10504166 or 10504184 | Criminal Justice Ethics or Basic Jail Academy 1 | No or Yes | 3 |

Please Note

- Credit for Prior Learning (CPL) options are available for some courses. You can visit mstc.edu/cpl or contact your academic advisor for details.
- This curriculum sequence is only for student planning. Actual student schedules will vary depending on course availability.
- Program completion time may vary based on student scheduling and course availability. For details, go to mstc.edu/schedule.
- Get the latest updates online at mstc.edu.

SAMPLE PART-TIME CURRICULUM OPTION

Criminal Justice-Studies • 61 Total Credits

| Term | Course Number | Course Name | CPL | Credits |
|-------------------|----------------------|--|------------|----------------|
| 10 Credits | 10504114 | Introduction to Law Enforcement | Yes | 3 |
| | 10504164 | Criminal Law for LE | No | 3 |
| | 10801136 | English Composition 1 | Yes | 3 |
| | 10890102 | GPS for Student Success | Yes | 1 |
| 9 Credits | 10504140 | Report Writing for Protective Services | Yes | 3 |
| | 10801198 or 10801196 | Speech or Oral/Interpersonal Communication | Yes | 3 |
| | 10809198 or 10809188 | Introduction to Psychology or Developmental Psychology | Yes | 3 |
| 6 Credits | 10504125 | Patrol Procedures | No | 3 |
| | 10804107 or 10804189 | College Mathematics or Introductory Statistics | Yes | 3 |
| 9 Credits | 10504144 | Wellness in Public Safety | No | 3 |
| | 10504163 | Constitutional Law for LE | No | 3 |
| | 10809172 | Introduction to Diversity Studies | Yes | 3 |
| 6 Credits | 10504103 | Fitness for Law Enforcement | Yes | 1 |
| | 10504112 | Court Procedures | No | 3 |
| | 10504195 or 10504196 | Criminal Justice Internship or Criminal Justice Applications | No or Yes | 2 |
| 6 Credits | 10504115 or 10504185 | Contemporary Issues in Law Enforcement or Basic Jail Academy 2 | No or Yes | 3 |
| | 10504166 or 10504184 | Criminal Justice Ethics or Basic Jail Academy 1 | No or Yes | 3 |
| 6 Credits | 10504123 | Criminal Investigation | No | 3 |
| | 10809122 or 10809196 | Introduction to American Government or Introduction to Sociology | Yes | 3 |
| 9 Credits | 10504129 | Community Policing | No | 3 |
| | 10504134 | Intro to LE Organizations and Leadership | No | 3 |
| | 10504143 | Criminology | No | 3 |

Basic Jail Academy 1

10504184

3 credits

This State of Wisconsin jail preparatory training program includes the following topics: Introduction to Corrections, Principles of Subject Control, Maintain Jail Security, Jail Hostage Response, Professional Communication Skills, Ethics and Ethical Decision Making, Admit and Release Inmates, Inmate Supervision and Behavior Control, Supervision of Special Needs Inmates/Crisis Intervention, Prepare Reports, Correctional Law, Jail Health Care, Cardio-Pulmonary Resuscitation, Jail Fire Safety, Application: Scenarios/Simulations, and Testing/Evaluation. Once learners successfully complete this course and the Basic Jail Academy 2 course, they are eligible for certifiable status by the State of Wisconsin to work in a county jail. This is primarily a lab-based class.

Prerequisites: Admission to Criminal Justice-Corrections & Community Advocacy 105047 program, passing of a background check and medical screening; Corequisite: Basic Jail Academy 2 10504185

Basic Jail Academy 2

10504185

3 credits

This State of Wisconsin jail preparatory training program includes the following topics: Introduction to Corrections, Principles of Subject Control, Maintain Jail Security, Jail Hostage Response, Professional Communication Skills, Ethics and Ethical Decision Making, Admit and Release Inmates, Inmate Supervision and Behavior Control, Supervision of Special Needs Inmates/Crisis Intervention, Prepare Reports, Correctional Law, Jail Health Care, Cardio-Pulmonary Resuscitation, Jail Fire Safety, Application: Scenarios/Simulations, and Testing/Evaluation. Once learners successfully complete this course and the Basic Jail Academy 1 course, they are eligible for certifiable status by the State of Wisconsin to work in a county jail. This is primarily a lab-based class.

Prerequisite: Admission to Criminal Justice-Corrections & Community Advocacy 105047 program, passing of a background check and medical screening; Corequisite: Basic Jail Academy 1 10504184

College Mathematics

10804107

3 credits

This course is designed to review and develop fundamental concepts of mathematics in the areas of algebra, geometry, trigonometry, measurement and data. Algebra topics emphasize simplifying algebraic expressions, solving linear equations and inequalities with one variable, solving proportions and percent applications. Geometry and trigonometry topics include; finding areas and volumes of geometric figures, applying similar and congruent triangles, applying Pythagorean Theorem, and solving right triangles using trigonometric ratios. Measurement topics emphasize the application of measurement concepts and conversion techniques within and between U.S. customary and metric system to solve problems. Data topics emphasize data organization and summarization skills, including: frequency distributions, central tendency, relative position and measures of dispersion. Special emphasis is placed on problem solving, critical thinking and logical reasoning, making connections, and using calculators.

Prerequisite: High School GPA of 2.6 and MMM_1 or Accuplacer Arithmetic of 250 and QAS 234 or ACT Math score of 17 or Pre-Algebra 10834109 with a "C" or better

Community Policing

10504129

3 credits

Learners will analyze key components of Community Policing including community partnerships, organizational transformation and problem solving. They will examine the role of the patrol officer in relation to community-oriented and problem-oriented policing. Learners will identify community-oriented needs and work directly in the field with community partners to develop a plan for implementation.

Prerequisites: Admission to Criminal Justice-Studies program 105045 and Introduction to Law Enforcement 10504114

Constitutional Law for LE

10504163

3 credits

Learners will explore constitutional law as it relates to the legal basis of the action and limits of law enforcement regarding topics such as arrest, use of force, and search and seizure. Learners will examine the requirements under Wisconsin law guiding law enforcement agency policy and procedures.

Prerequisites: Admission to Criminal Justice-Studies program 105045 and Introduction to Law Enforcement 10504114

Contemporary Issues in Law Enforcement

10504115

3 credits

Studies current police issues related to law enforcement and community attitudes. The course builds a strong basis for the discussion of ethical decision making and the need for a professional mindset. A component to this class focuses on community involvement. Students will identify community organizations in need of volunteers and complete 10 hours of service with those organizations.

Prerequisites: Admission to Criminal Justice-Studies program 105045 and Introduction to Law Enforcement 10504114

Court Procedures

10504112

3 credits

Learners examine the court system to include the formation and design of the courts, the key roles of the courts, and the application of law in the courts. The differences between the federal and state systems are explored. The roles and authority of law enforcement, prosecutors, defense attorneys, and judges are investigated. A main focus is dissecting each stage of a criminal case from the initial arrest through the final appeal.

Prerequisites: Admission to Criminal Justice-Studies program 105045 and Criminal Law for LE 10504164

Criminal Investigation

10504123

3 credits

This course covers crime scene investigation and criminalistics, and the laws that govern them. Learners will focus on how a crime scene should be investigated, searched and processed for evidence. Learners will search crime scenes, collect and preserve physical evidence and interview victims and witnesses.

Prerequisites: Admission to Criminal Justice-Studies program 105045, Introduction to Law Enforcement 10504114, Court Procedures 10504112, Criminal Law for LE 10504164, Patrol Procedures 10504125 and Contemporary Issues for LE 10504115

Criminal Justice Applications

10504196

2 credits

This course will offer students who don't wish to do an internship an opportunity to meet and complete many of the same objectives. Learners will explore different aspects of the law enforcement career and work on job skills such as resumes, cover letters and interviews.

Prerequisites: Community Policing 10504129, Report Writing 10504140, Constitutional Law for LE 10504163, Criminal Justice Ethics 10504166, and Criminology 10504143

Criminal Justice Ethics

10504166

3 credits

Introduces learners to ethical duties and decision making dilemmas facing criminal justice professionals. Provides the basic foundations of ethical reasoning and the standards for determining sound ethical decision making. Increases the learner's application of ethical reasoning in the face of agency corruption, use of force, gender and race discrimination, due process, and duty towards others.

Prerequisite: Admission to Criminal Justice-Studies program 105045

Criminal Justice Internship

10504195

2 credits

The internship offers learners an excellent opportunity to experience first-hand, the wide variety of duties and responsibilities of criminal justice professionals in the field. Students interested in an internship with an agency will fill out an application and go through an interview process to determine placement eligibility. NOTE: Host agencies criteria for acceptance as an intern may impact a student's ability to participate in this course.

Prerequisites: Community Policing 10504129, Report Writing 10504140, Constitutional Law for LE 10504163, Criminal Justice Ethics 10504166, and Criminology 10504143

Criminal Law for LE

10504164

3 credits

Learners will identify concepts specific to criminal law to include the purpose, scope, and sources of law. Students will analyze Wisconsin State Statutes to learn about Wisconsin's crimes against people, property, and other forms of criminal behavior. Learners will study how the criminal code is enforced with regard to juveniles in Wisconsin.

Prerequisite: Admission to Criminal Justice-Studies program 105045

Criminology

10504143

3 credits

Learners will explore crime causation to include sources of data used to analyze crime, demographics of victims and offenders, and the main theories on crime causation. The main crime causation theories will be explored and used to analyze crime on a societal and individual level.

Prerequisite: Admission to Criminal Justice-Studies program 105045

Developmental Psychology

10809188

3 credits

Studies human development throughout the lifespan and explores developmental theory and research with an emphasis on the interactive nature of the biological, cognitive, and psychosocial changes that affect the individual from conception to death. Application activities and critical thinking skills enable students to gain an increased knowledge and understanding of themselves and others.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English

English Composition 1

10801136

3 credits

Learners develop and apply skills in all aspects of the writing process. Through a variety of learning activities and written documents, learners employ rhetorical strategies, plan, organize and revise content, apply critical reading strategies, locate and evaluate information, integrate and document sources, and apply standardized English language conventions.

Prerequisite: High School GPA of 2.6 and MMW or Accuplacer Writing of 262 or Accuplacer Reading 253 or ACT English score of 20 or ACT Reading 21 or completion of College Reading and Writing 1 10831104 with a "C" or better

Fitness for Law Enforcement

10504103

1 credit

This course is designed to get students prepared for the physical fitness demands of law enforcement. Learners will identify healthy habits and explore ways to make fitness a part of their daily lives to build the foundation for a healthy career. Learners will be prepared to meet the physical entrance standards for the DOJ recruit academy.

Prerequisites: Admission to Criminal Justice-Studies program 105045, Introduction to Law Enforcement 10504114

GPS for Student Success

10890102

1 credit

Integrate necessary skills for student success by developing an academic plan, identifying interpersonal attributes for success, adopting efficient and effective learning strategies, and utilizing Mid-State resources, policies, and processes. This course is recommended to be completed prior to obtaining 12 credits and is a graduation requirement unless you receive an exemption from your program advisor.

Intro to LE Organizations and Leadership

10504134

3 credits

Learners will examine effective leadership strategies to include concepts on transformational leadership, collaborative leadership, and organizational leadership. Students will identify areas that they can immediately develop regarding their leadership skills and learn how to apply those skills in the future.

Introduction to American Government

10809122

3 credits

Introduces American political processes and institutions. Focuses on rights and responsibilities of citizens and the process of participatory democracy. Learners examine the complexity of the separation of powers and checks and balances. Explores the role of the media, interest groups, political parties, and public opinion in the political process. Also explores the role of state and national government in our federal system.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English

Introduction to Diversity Studies

10809172

3 credits

This course introduces the study of diversity from a local to a global perspective using a holistic, interdisciplinary approach that encourages exploration and prepares students to work in a diverse environment. The course introduces basic diversity concepts, examines the impact of bias and power differentials among groups, explores the use of culturally responsive communication strategies, and compares forces that shape diversity in an international context.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English

Introduction to Law Enforcement

10504114

3 credits

Explores who the police are, what they do, and how they do it. The course provides a general overview of policing in our society so that learners can understand why and how policing is performed. Addresses jobs available in policing, how to get them, what skills you will need and what you will do when you get those jobs. Learners will get a clear look at policing to help them determine if this career is for them.

Prerequisite: Admission to Criminal Justice-Studies program 105045

Introduction to Psychology

10809198

3 credits

This science of psychology course is a survey of multiple aspects of behavior and mental processes. It provides an overview of topics such as research methods, theoretical perspectives, learning, cognition, memory, motivation, emotions, personality, abnormal psychology, physiological factors, social influences, and development.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English

Introduction to Sociology

10809196

3 credits

Introduces students to the basic concepts of sociology: culture, socialization, social stratification, multi-culturalism, and the five institutions of family, politics, economics, religion, and education. Other topics include demography, deviance, technology, environment, social issues, social change, social organization, and workplace issues.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English

Introductory Statistics

10804189

3 credits

Students taking Introductory Statistics display data with graphs, describe distributions with numbers, perform correlation and regression analyses, and design experiments. They use probability and distributions to make predictions, estimate parameters, and test hypotheses. They draw inferences about relationships including ANOVA. Algebra knowledge and foundational skills in mathematics are important for success in this course.

Prerequisite: High School GPA of 2.6 and MMM_2 or Accuplacer QAS 241 or ACT Math score of 19 or Pre-Algebra 10834109 or College Math 10804107 with a "C" or better

Oral/Interpersonal Communication

10801196

3 credits

Focuses on developing effective listening techniques and verbal and nonverbal communication skills through oral presentation, group activity, and other projects. The study of self, conflict, and cultural contexts will be explored, as well as their impact on communication.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English or College Reading and Writing with a C or better

Patrol Procedures

10504125

3 credits

Learners are introduced to effective patrol techniques related to the use of law enforcement electronic equipment, traffic enforcement, and patrol-related techniques. Learners will utilize a mixture of classroom and realistic training exercises while using equipment that is consistent with what actual law enforcement officers use in the field.

Prerequisites: Admission to Criminal Justice-Studies program 105045 and Introduction to Law Enforcement 10504114

Report Writing for Protective Services

10504140

3 credits

Introduces the knowledge necessary to write a variety of law enforcement reports to convey necessary information that is clear, concise, complete and accurate. Learners will participate in scenarios and role playing which will culminate with them completing a police report.

Prerequisites: Admission to Criminal Justice-Studies program 105045 and English Composition 1 10801136

Speech
10801198
3 credits

Explores the fundamentals of effective oral presentation to small and large groups. Topic selection, audience analysis, methods of organization, research, structuring evidence and support, delivery techniques, and other essential elements of speaking successfully, including the listening process, form the basis of this course. Includes informative, persuasive, and occasion speech presentations.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 253 and Writing of 262 or ACT of 21 Reading/19 English or completion of College Reading and Writing 1 10831104 with a "C" or better

Wellness in Public Safety
10504144
3 credits

Introduces the skills and abilities needed to deal constructively with the stress related to a career in criminal justice. Learners will identify their sources of stress, their early warning signs, and healthy coping styles. Course also focuses on time management, relaxation activities, along with exercise and diet planning.

Prerequisite: Admission to Criminal Justice-Studies program 105045